

ALLERGEN AWARE
MENU WEEK 1

SERVED W/C

7th Sep | 28th Sep | 19th Oct | 9th Nov
30th Nov | 21st Dec | 11th Jan | 1st Feb
22nd Feb | 15th Mar | 5th Apr

Cucina IFG

Monday

Tuesday

Wednesday

Thursday

Friday

Margherita pizza
& oven baked wedges

Mixed bean bolognaise
with pasta
(may contain soya)

Vegetable sausages
with roast potatoes & gravy

5 bean chilli
with Mexican rice

Vegetable sausages, chips
& tomato ketchup

Roasted vegetable pizza
& oven baked wedges

Mild chilli beef & bean
pasta bake

Roast chicken breast
with roast potatoes & gravy

Chicken fajita
with Mexican rice

Fish & chips
with tomato ketchup

Halal Cajun chicken pizza
& oven baked wedges

Halal mild chilli beef & bean
pasta bake

Halal roast chicken breast
with roast potatoes & gravy

Halal chicken fajita
with Mexican rice

Halal fish & chips
with tomato ketchup

Green beans & sweetcorn

Broccoli

Broccoli & roasted carrot

Rainbow vegetables

Baked beans

Chocolate shortbread

Fruit crumble

Orange jelly & mandarins

Sliced fruit selection

Raspberry jelly

Main
Meal



OPTION
1

OPTION
2

HALAL

Veggies



Sweet
Treats



Available Every Day -

Crunchy colourful salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly

KEY

Vegan  Nutritionist's Choice 
50-50 White & Wholegrain Rice 

ALLERGEN AWARE
MENU WEEK 2

SERVED W/C

14th Sep | 5th Oct | 26th Oct | 16th Nov
7th Dec | 28th Dec | 18th Jan | 8th Feb
1st Mar | 22nd Mar

Cucina IFG

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal



OPTION
1

OPTION
2

HALAL

Margherita pizza
& oven baked wedges



Sweet chilli salmon melt
& oven baked wedges

Halal sweet chilli salmon
melt & oven baked wedges

Baked creamy
mac 'n' cheese



BBQ chicken loaded
mac 'n' cheese

Halal BBQ chicken loaded
mac 'n' cheese

Vegetable sausages &
mashed potatoes with gravy



Roast chicken with
mashed potatoes & gravy

Halal roast chicken with
mashed potatoes and gravy

Mixed bean & vegetable
fajita with Mexican rice



Mild beef chilli topped
jacket potato
with nacho crunch

Halal mild beef chilli topped
jacket potato
with nacho crunch

Vegetable sausages, chips
& tomato ketchup



Fish & chips
with tomato ketchup

Halal fish & chips
with tomato ketchup

Veggies



Peas



Rainbow vegetables



Broccoli & roasted carrots



Crudites and salad bar
selection



Baked beans



Sweet
Treats



Watermelon wedge



Apple Pie



Chocolate & orange brownie



Watermelon wedge



Fruity flapjack



Available Every Day -

Crunchy colourful Salad Bar

Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise

A choice of Fresh Fruit or Jelly

KEY

Vegan



Nutritionist's Choice



50-50 White & Wholegrain Rice



ALLERGEN AWARE
MENU WEEK 3

SERVED W/C

31st Aug | 21st Sep | 12th Oct | 2nd Nov
23rd Nov | 14th Dec | 4th Jan | 25th Jan
15th Feb | 8th Mar | 29th Mar

Cucina IFG

Monday

Tuesday

Wednesday

Thursday

Friday

Main
Meal



OPTION
1

OPTION
2

HALAL

Mixed bean bolognaise
with pasta
(may contain soya)



Beef & lentil bolognaise
with pasta
(may contain soya)



Halal beef & lentil bolognaise
with pasta
(may contain soya)



Vegetable sausages &
mashed potatoes with gravy



Beef cottage pie

Vegetable sausages &
mashed potatoes with gravy



Vegetable sausages
with roast potatoes & gravy



Roast chicken breast
with roast potatoes & gravy

Halal roast chicken breast
with roast potatoes & gravy

Cauliflower & chickpea
korma with mixed rice



Chicken & chickpea korma
with mixed rice



Halal chicken & chickpea
korma with mixed rice



Margherita pizza, chips
& tomato ketchup



Fish & chips
with tomato ketchup

Halal fish & chips
with tomato ketchup

Green beans & sweetcorn



Peas & carrots



Broccoli & roasted carrots



Tomato, cucumber
& carrot salad



Baked beans



Lemon shortbread



Orchard crumble



Watermelon wedge



Chocolate & orange brownie



Sliced fruit selection



Available Every Day -

Crunchy colourful Salad Bar
Jacket Potato with Vegan Cheese, Beans, Vegan Cheese & Beans or Tuna with Vegan Mayonnaise
A choice of Fresh Fruit or Jelly

KEY

Vegan Nutritionist's Choice
50-50 White & Wholegrain Rice